

UCA

UROLOGY CENTERS OF ALABAMA

www.urologycentersalabama.com

205-930-0920

PRE-OPERATIVE INSTRUCTIONS FOR PROSTATECTOMY

- You **must** get medical clearance from your primary care physician or cardiologist prior to surgery. Please have your physician fax your medical clearance to the Robotic Surgery Scheduler at **(205) 445-0150**.

- **THREE WEEKS PRIOR TO SURGERY:**

If you are taking any of the following medications that contain blood thinners, consult with the prescribing physician to discontinue in preparation for your upcoming surgery. Do not stop the medication(s) until you have been approved by the prescribing physician to do so. Once you have received medical clearance from your physician, do not take any of the following drugs for at least **three weeks prior** to your surgery date and **two weeks after** surgery:

Advil	Darvocet	Ibuprofen	NSAID's
Aleve	ASA	Indocin	Nuprin
Anacin	Ecotrin	Midol	Relafen
Anaprox	Effient	Mobic	Stanback
Brilinta	Excedrin	Motrin	Vitamin E
Bufferin	Feldene	Naprosyn	Voltaren
Clinoril	Goody BC	Norgesic	Pradaxa

- Also, discontinue Multivitamins and herbal supplements (including Fish Oil).
- Please do not take **PLAVIX** at least **three weeks** prior to surgery.
- If you are taking **COUMADIN**, do not take the medication **one week** prior to surgery.
- Be sure to notify your surgeon if you are taking any blood-thinning medications.

- **LAB WORK** cannot be done more than 14 days prior to your surgery date.

- **DISCONTINUE** smoking or the use of tobacco products one week before surgery.

- **INSTRUCTIONS FOR THE DAY PRIOR TO SURGERY:**

1. Clear liquids all day, no solid foods (clear liquids include apple juice, cranberry juice, grape juice, chicken and beef broth, Jello, popsicles, plain tea, and coffee – any substance that dissolves out clear).
2. Drink 32 oz+ of Gatorade/Powerade (any flavor).
3. Take all routine medications except those containing Aspirin, Coumadin, Vitamin E, Fish Oil, or other blood thinning agents.
4. Administer one Fleet's enema at 6:00 p.m.

ANTICOAGULANTS

The following prescription drugs, over-the-counter medications, and vitamin supplements contain anticoagulants which make it more difficult for your blood to clot when you bleed during or after a biopsy, office procedure, or surgery.

Always consult with your physician who prescribed the medication before you stop taking it.

PRESCRIPTION & NON-PRESCRIPTION ANTICOAGULANTS & ANTIPLATELET MEDICATIONS

Anticoagulants

Acenocoumarin (nicomalone)	Angiomax (bivalirudin)	Fragmin (dalteparin)	Miradon (anisindione)
Acova (argatroban)	Coumadin	Heparin	Refludan (lepirudin)
	Dicoumarol	Lovenox (enoxaparin)	Pradaxa (dapigatran etexilate)

Antiplatelet Medications

Aggrastat (tirofiban)	Aspirin	Plavix (clopidogrel)	St. Joseph 81mg
Aggrenox (ASA/extend Release dipyridamole)	Brilinta (ticagrelor)	Persantine (dipyridamole)	Ticlid (Ticlopidine)
Agrylin (anagrelide)	Flolan (epoprostenol)	Pletal (cilostazol)	Ventavis inhalation
	Integrillin (eptifibatide)	Reopro (abciximab)	

PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDES:

Ascriptin with Codeine tablets	Easprin	Magsal tablets	Pabalate SF tablets
Axotal	Empirin with Codeine tablets	Mammal capsules	Percodan and Percodan dimi Tablets
Buff-A Comp tablets and capsules	Equagesic tablets	Micrainin tablets	Robaxisal tablets
Buff-A Comp #3 tablets (with Codeine)	Fiorinal tablets	Norbodin tablets	Synalgos OC capsules
Celebrex	Fiorinal with Codeine	Norgesic	Talwin compound tablets
	Forte tablets	Oarvon with ASA pulvules	Trillisate tablets and liquid
	Lanorinal tablets	Oisalcid capsules	Zorprin tablets
	Magan tablets	Oarvon compound pulvules	

PRESCRIPTION AND NON-PRESCRIPTION PRODUCTS CONTAINING IBUPROFEN

Aches-N-Pain	Ibuprin	Medipren	Pediaprofen
Advil	Ibuprofen	Midol 200	Proxicam
Aleve	Indameth	Mefanamic acid	Rufen
Anaprox	Indocin	Mobic	Sodium
Anaprox OS	Indo-Lemmon	Motrin	Solindac
Clinoril	Indomethacin	Nalfon	Tolectin (any)
Feldene	Incomethacin SR	Naprosyn	Tolmetin sodium
Fenoprofen	Ketoprofen	Naproxen	Toradol
Fenoprofen calcium	Ketorlac	Nuprin	Trendar
Flurbiprofen	Tromethamine	Oiclofenac sodium	Voltaren
Genpril	Meclofenamate	Orudis	
Haltran	Meclomen	Pamprin IB	

NONPRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES, AND/OR SALICYLAMIDE

4-Way cold tablets	Asperbuf tablets	Doan's pills	St. Joseph Children's aspirin
Alka-Seltzer	Aspergum	Duradyn tablets	St. Joseph Cold tablets
Alka-Seltzer Plus Cold Medicine	Bayer Aspirin tablets (any kind)	Ecotrin tablets	Salacol tablets
Anacin tablets	BC tablet or powder	Emagrin tablets	Salato tablets
Anodyna tablets	Buf tablets	Empirin tablets	Stanback powder
Arthralge tablets	Bufferin tablets (any kind)	Excedrin tablets or capsules	Supac
Arthropan liquid	Buffets II tablets	Goody's powder	Synalgos capsules
Arthritis Strength Bufferin tablets	Buffinol Extra tablets	Measturin tablets	Trigesic
A.S.A. Enseals	Cama Arthritis Strength tablets	Mobigesic tablets	Uracel
Ascriptin tablets	Cope tablets	Momentum tablets	Vanquish capsules
Ascriptin A/D tablets	Cospin tablets	Neocyclate tablets	
Ascriptin Extra-Strength tablets	CP 2 tablets	Pabalate	
	Dasin capsules	Pepto Bismol	
		Persistin tablets	
		S.A.G. tablets	