



3485 Independence Drive Homewood, Alabama 35209
205 930 0920 or 800 452 1464

INSTRUCTIONS FOR PROSTATE NEEDLE BIOPSY

DAY _____ DATE _____ TIME _____ (am) (pm)

SCHEDULED AT THE HOMEWOOD OFFICE - Please call the number above if you need directions.

You have been scheduled for a needle biopsy of the prostate. This involves the passage of a small needle into the prostate gland to obtain biopsies from several areas of the gland. The procedure takes 10 to 15 minutes. For this, we need you to do the following:

1. The risk of complications from blood thinning drugs or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, nonsteroidal anti-inflammatory agents, vitamin E, Plavix, or Coumadin or any other drug on the attached list. These medicines should be stopped 1 week before your surgery.
2. You will need to use a Fleet enema the morning of the procedure. This is very important and should be given about 2 hours before the procedure. When the biopsy is scheduled, you will be given the instructions to take home with you. You may eat breakfast and lunch just as you normally would.
3. Start the antibiotic the day of the biopsy. You will take 1 pill up to 4 hours before your scheduled procedure. Then you will be given 2 doses to take home with you. Take 1 in the morning for the next 2 days.
4. After the biopsy, you will be able to go home. You should have minimal physical activity the day of the procedure but may resume most activities the next day. No heavy lifting, straining or sexual activity for 2 days after the biopsy, then normal activity.
5. The biopsy specimens are sent to a pathology lab and are usually available in 5-6 working days. You will get a bill from a Pathologist. Your physician will instruct you when to call for the results of the pathology report. Depending upon your insurance the Pathology bill may be from our office or it may be directly from the Pathologist.

You may experience the following problems after the biopsy: bleeding from the rectum, blood in your urine, blood in your semen, or burning, pain or frequency on urination. Unless these symptoms persist for more than 24 hours, they are not a reason to be concerned. If you develop FEVER, CHILLS, EXCESSIVE BLEEDING, or if you are UNABLE TO URINATE, call us immediately.

If you have any questions about these instructions, please call us at (205) 930-0920.

Anticoagulants

The following prescription drugs, over the counter medications and supplements contain anticoagulants which make it more difficult for your blood to clot when you bleed during a biopsy, office procedure or surgery. The instruction sheet for your procedure will tell you when to stop taking this medicine.

PRESCRIPTION MEDICATIONS – Always consult with your physician that prescribed the medicine before you stop taking it.

Anticoagulants

Acenocoumarin (nicoumalone)	Dicoumarol	Miradon (anisindione)
Acova (argatroban)	Fragmin (dalteparin)	Refludan (lepirudin)
Angiomax (bivalirudin)	Heparin	
Coumadin	Lovenox (enoxaparin)	

Antiplatelet Drugs

Aggrastat (tirofiban)	Flolan (epoprostenol)	Reopro (abciximab)
Aggrenox (ASA/extend release dipyridamole)	Integrilin (eptifibatide)	St. Joseph 81 mg
Agrylin (anagrelide)	Plavix (clopidogrel)	Ticlid (ticlopidine)
aspirin	Persantine (dipyridamole)	Ventavis inhalation
	Pletal (cilostazol)	

PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR

SALICYLAMIDES – Always consult with your physician that prescribed the medicine before you stop taking it.

Ascriptin with Codeine tablets	Forte tablets	Pabalate-SF tablets
Axotal tablets	Lanorinal tablets	Percodan and Percodan demi tablets
Buff-A Comp tablets and capsules	Magan tablets	Robaxisal tablets
Buff-A Comp #3 tablets (with Codeine)	Magsal tablets	Synalgos-OC capsules
Easprin	Mammal capsules	Talwin compound tablets
Empirin with Codeine tablets	Micrainin tablets	Trilisate tablets and liquid
Equagesic tablets	Norbodin tablets	Zorprin tablets
Fiorinal tablets	Norgesic	
Fiorinal with Codeine	Oarvon with ASA pulvules	
	Oisalcid capsules	
	Oarvon compound pulvules	

PRESCRIPTION AND NONPRESCRIPTION PRODUCTS CONTAINING IBUPROFEN Always consult with your physician that prescribed the medicine before you stop taking it.

Aches-N-Pain	Haltran	Tromethamine
Advil	Ibuprin	Meclofenamate
Anaprox	Ibuprofen	Meclomen
Anaprox OS	Indameth	Medipren
Clinoril	Indocin	Midol 200
Feldene	Indo-Lemmon	Mefanamic acid
Fenoprofen	Indomethacin	Motrin
Fenoprofen calcium	Indomethacin SR	Nalfon
Flurbiprofen	Ketoprofen	Naprosyn
Genpril	Ketorolac	Naproxen

Nuprin
Oiclofenac sodium
Orudis
Pamprin IB
Pediaprofen

Proxicam
Rufen
Sodium
Solindac
Tolectin (any)

Tolmetin sodium
Toradol
Trendar
Voltaren

NONPRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDE

4-Way cold tablets
Alka-Seltzer
Alka-Seltzer Plus cold medicine
Anacin tablets
Anodynoa tablets
Arthralge tablets
Arthropan liquid
Arthritis Strength Bufferin tablets
A.S.A. Enseals
Ascriptin tablets
Ascriptin A/D tablets
Ascriptin Extra-Strength tablets
Asperbuf tablets
Aspergum
Bayer Aspirin tablet (any kind)
BC tablet or powder
Buf Tabs
Buffaprin tablets

Bufferin tablets (any kind)
Buffets II tablets
Buffinol tablets
Buffinol Extra tablets
Cama Arthritis Strength tablets
Cope tablets
Cosprin tablets
CP 2 tablets
Dasin capsules
Doan's Pills
Duradyn tablets
Ecotrin tablets
Emagrin tablets
Empirin tablets
Excedrin tablets or capsules
Goody's powder
Measturin tablets
Midol caplets
Mobigesic tablets

Momentum tablets
Neocylate tablets
Pabalate
Pepto Bismol
Persistin tablets
S.A.G. tablets
St. Joseph children's aspirin
St. Joseph Cold tablets
Salacol tablets
Salato tablets
Stanback powder
Supac
Synalgos capsules
Trigesic
Uracel
Vanquish caplets
Verin tablets