

INSTRUCTIONS FOR VASECTOMY PATIENTS

1. Unless instructed otherwise when you schedule your vasectomy, the evening before your vasectomy you should shave the pubic area around the penis, the shaft of the penis, two inches around the scrotum, and the entire scrotal sac. It is not necessary to shave the entire pubic area. Shave using a standard safety razor like the Gillette Trac II. Do not use an electric razor, waxing products, or cream depilatories like Nair.
2. The risk of blood thinning agents or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, nonsteroidal anti-inflammatory agents, vitamin E, Plavix, or Coumadin or any other drug on the attached list. These medicines should be stopped 1 weeks before this procedure.
3. Be sure to bring someone to drive you home. Sedation may be given and the patient is not allowed to drive home after the procedure.
4. Have your prescriptions filled on the way home after the procedure and begin your medications immediately.
5. For the next three hours after the procedure, be still and use an ice pack on the scrotum.
6. After three hours, you may get up and move around. For the next two days you should continue to use the ice pack intermittently. You should not do anything strenuous for the next week -- no heavy lifting, do not mow the lawn, no bicycle riding, no motorcycle riding & no horseback riding etc. After one week you may participate in your normal activities as you feel like it.
7. You may have swelling on either side of the scrotum which will be about the size of your thumb. This is normal.
8. The entire scrotum may turn blue as it bruises easily. This is okay as long as the scrotum does not become swollen to the size of an orange or grapefruit, etc. If this happens, please call your urologist.
9. You may resume sexual relations at any point, but you must continue your current birth control methods until we have tested two negative sperm counts.
10. Your skin stitches will dissolve on their own within the next 7 to 10 days. You may shower anytime, but no swimming or tub baths for one week or the stitches may dissolve too soon.
11. You will be more comfortable if you wear a scrotal support (jockey strap) or jockey-type underwear for the next four or five days.
12. The tissue specimens removed today will be checked by a pathologist to verify their identity. You will be billed separately by the pathologist.
13. Please contact your insurance and verify whether a vasectomy is a covered service. If it is a covered service, please be prepared to pay any deductible or co-pay that will be due. If it is not covered you will need to pay the full fee before the procedure.

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Office (205) 930-0920

Anticoagulants

The following prescription drugs, over the counter medications and supplements contain anticoagulants which make it more difficult for your blood to clot when you bleed during a biopsy, office procedure or surgery. The instruction sheet for your procedure will tell you when to stop taking this medicine.

PRESCRIPTION MEDICATIONS – Always consult with your physician that prescribed the medicine before you stop taking it.

Anticoagulants

Acenocoumarin (nicoumalone)	Dicoumarol	Miradon (anisindione)
Acova (argatroban)	Fragmin (dalteparin)	Refludan (lepirudin)
Angiomax (bivalirudin)	Heparin	
Coumadin	Lovenox (enoxaparin)	

Antiplatelet Drugs

Aggrastat (tirofiban)	Flolan (epoprostenol)	Reopro (abciximab)
Aggrenox (ASA/extend release dipyridamole)	Integrilin (eptifibatide)	St. Joseph 81 mg
Agrylin (anagrelide)	Plavix (clopidogrel)	Ticlid (ticlopidine)
aspirin	Persantine (dipyridamole)	Ventavis inhalation
	Pletal (cilostazol)	

PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR

SALICYLAMIDES – Always consult with your physician that prescribed the medicine before you stop taking it.

Ascriptin with Codeine tablets	Forte tablets	Pabalate-SF tablets
Axotal tablets	Lanorinal tablets	Percodan and Percodan demi tablets
Buff-A Comp tablets and capsules	Magan tablets	Robaxisal tablets
Buff-A Comp #3 tablets (with Codeine)	Magsal tablets	Synalgos-OC capsules
Easprin	Mammal capsules	Talwin compound tablets
Empirin with Codeine tablets	Micrainin tablets	Trilisate tablets and liquid
Equagesic tablets	Norbodin tablets	Zorprin tablets
Fiorinal tablets	Norgesic	
Fiorinal with Codeine	Oarvon with ASA pulvules	
	Oisalcid capsules	
	Oarvon compound pulvules	

PRESCRIPTION AND NONPRESCRIPTION PRODUCTS CONTAINING IBUPROFEN Always consult with your physician that prescribed the medicine before you stop taking it.

Aches-N-Pain	Haltran	Tromethamine
Advil	Ibuprin	Meclofenamate
Anaprox	Ibuprofen	Meclomen
Anaprox OS	Indameth	Medipren
Clinoril	Indocin	Midol 200
Feldene	Indo-Lemmon	Mefanamic acid
Fenoprofen	Indomethacin	Motrin
Fenoprofen calcium	Indomethacin SR	Nalfon
Flurbiprofen	Ketoprofen	Naprosyn
Genpril	Ketorolac	Naproxen

Nuprin
Oiclofenac sodium
Orudis
Pamprin IB
Pediaprofen

Proxicam
Rufen
Sodium
Solindac
Tolectin (any)

Tolmetin sodium
Toradol
Trendar
Voltaren

NONPRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDE

4-Way cold tablets
Alka-Seltzer
Alka-Seltzer Plus cold medicine
Anacin tablets
Anodynoa tablets
Arthralge tablets
Arthropan liquid
Arthritis Strength Bufferin tablets
A.S.A. Enseals
Ascriptin tablets
Ascriptin A/D tablets
Ascriptin Extra-Strength tablets
Asperbuf tablets
Aspergum
Bayer Aspirin tablet (any kind)
BC tablet or powder
Buf Tabs
Buffaprin tablets

Bufferin tablets (any kind)
Buffets II tablets
Buffinol tablets
Buffinol Extra tablets
Cama Arthritis Strength tablets
Cope tablets
Cosprin tablets
CP 2 tablets
Dasin capsules
Doan's Pills
Duradyn tablets
Ecotrin tablets
Emagrin tablets
Empirin tablets
Excedrin tablets or capsules
Goody's powder
Measturin tablets
Midol caplets
Mobigesic tablets

Momentum tablets
Neocylate tablets
Pabalate
Pepto Bismol
Persistin tablets
S.A.G. tablets
St. Joseph children's aspirin
St. Joseph Cold tablets
Salacol tablets
Salato tablets
Stanback powder
Supac
Synalgos capsules
Trigesic
Uracel
Vanquish caplets
Verin tablets