



3485 Independence Drive • Homewood, Alabama 35209
(205) 930-0920

INSTRUCTIONS FOR FIDUCIAL MARKER PLACEMENT

DATE _____ TIME _____ (am) (pm)

You have been scheduled for placement of fiducial markers in your prostate. This involves the passage of a small needle into the prostate gland to insert the fiducials. The procedure is very similar to the prostate biopsy but it will only involve 2-3 needle punctures. The procedure takes 10 to 15 minutes. For this procedure, please do the following:

Come with **FULL BLADDER** if you have had your prostate removed.

1. To minimize the risk of bleeding during this procedure, blood thinning agents or anticoagulants should be stopped **one week** before the procedure. Please notify your physician if you take any medications containing aspirin, non-steroidal anti-inflammatory agents, vitamin E, Plavix, Pradaxa, Effient, Brilinta, Coumadin, or any other drug listed on the back of this sheet. Your primary care doctor or cardiologist needs to approve discontinuing these drugs. Once you have approval from your doctor or our office, **these medicines should be stopped one week before this procedure.**
2. The antibiotic you have been given/prescribed needs to be taken 4 hours before your scheduled procedure.
3. You will need to use a Fleet's enema 2 hours prior to the procedure. On that day take your medications as prescribed, except your blood-thinning medications. Even though you have administered your enema, you may eat your breakfast and/or lunch as usual.
4. After the procedure, you will be able to go home. You should have minimal physical activity the day of the procedure, but you may resume most activities the next day. No heavy lifting, straining, or sexual activity for two days after the procedure, and then you may resume normal activity.

You may experience the following problems after the procedure for up to 3 weeks: minimal bleeding from the rectum, blood in your urine, blood in your semen, or frequency, burning, or pain on urination. If you develop FEVER, CHILLS, EXCESSIVE BLEEDING, or if you are UNABLE TO URINATE, call us immediately.

For Questions Please Call (205) 930-0920