



3485 Independence Drive • Homewood, Alabama 35209
(205) 930-0920

Medical West Surgery Center, Outpatient and Hospital Pre-Operative and Surgical Instructions

Your pre-admission testing is scheduled on _____ at _____.

Please go to the registration area of the Surgery Center.

Please report to the Surgery Center building at _____ on _____

for your procedure which is scheduled at _____.

1. The risk of blood thinning agents or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, non-steroidal anti-inflammatory agents, vitamin E, Plavix, Pradaxa, Effient, or any other drug listed on the back of this sheet. **These medicines should be stopped one week before your surgery.**

2. Please discontinue any over-the-counter supplements two weeks before your surgery and for four weeks after the surgery.

3. Bring with you any medications that you are taking regularly.

4. If you have been put on a bowel prep and /or antibiotics prior to your surgery, be sure you adhere to these instructions.

5. If at all possible, discontinue smoking or use of tobacco for one week prior to surgery.

6. Nothing to eat or drink after midnight the night before your surgery.

7. If you need anything for pain prior to your surgery, you may take the following:

Plain Darvon
Datril
Datril 500
Percocet

Tylenol
Extra Strength Tylenol
Lortab

For Questions Please Call Lesa at (205) 445-0179